

COMMANDER'S REQUEST FOR MENTAL HEALTH EVALUATION

I. IDENTIFYING DATA: Soldier's NAME/RANK: _____

AGE: _____ SSN: _____ MARITAL STATUS: _____ GT SCORE: _____

CURRENT UNIT ASSIGNMENT: _____ UNIT PHONE # _____

ISG: _____ MOS/TITLE: _____

ENLISTMENT DATE: _____ ETS: _____ ARRIVAL DATE IN UNIT: _____

II. PURPOSE OF EVALUATION: COMMANDER'S EVALUATION FOR QUESTION OF: _____

CHAPTER DISCHARGE PENDING? _____ NO _____ YES (specify type below):

Chpt. 11 for _____ Chpt. 13 for _____ Chpt. 14 for _____

Chpt. 5-13* _____ Chpt. 5-18* _____ Oth _____

* Written reports are required. Submit this form with appropriate questions pertaining to the incident (e.g. suicide, overdose, etc.)

III. COMMANDER'S COMMENTS: Commanders impression and indication as to the nature of problem(s). Include any known factors from personal life, environment &/or unit.(if more space is needed, attach a signed and dated statement):

IV. MILITARY INFORMATION

How does soldier get along on the job, with others in unit and with supervisor? _____

Problems/Strength in previous units, so far as known: _____

Commander's estimate of soldiers potential for retention, if psychiatrically cleared:

None(why): _____ Questionable (low)___ Good___ Very Good___

V. DISCIPLINARY ACTION: History of Courts Martial -No___ Yes(offense): _____

Previous Article 15s (indicate date & offense): _____ Article 15 currently pending: ___No ___Yes(offense): _____

VI. REHABILITATION ATTEMPTS:

Counseling in unit, transfers, recycles, and job changes(comments): _____

Previous mental health/D&A/Social Work contact:(give approximate dates and full description): _____

Commander's Signature, Printed Name & Date: _____

Soldier's Signature, Printed Name & Date: _____

Policies and Procedures Governing Command-Directed Mental Evaluations

- I. **BACKGROUND:** DOD Directive #6490.1 establishes the procedures Commanders must follow and the rights of soldiers referred for Command-directed mental health(MH) evaluations. The DOD directive is clear in establishing the guidelines which we all are to follow, and recently MEDCOM and FORSCOM have directed the medical system and Commanders to begin complying with the directive's guidelines which are specified in *FLW Regulation 40-17*.
- II. **PURPOSE:** The DOD directive is designed to ensure Commanders are prohibited from using the mental health system as a means of "reprisal" or control of "whistleblowers".
- III. **SCOPE:** Applies to **ALL** Command-directed mental health evaluations - other than routine (i.e. chapter evaluations or emergency referrals).
- IV. **PROCEDURAL REQUIREMENTS:** (checklist)

In Emergency Situations:

- a) contact CMHS during duty hours for non-injured soldiers.
- b) soldiers who have been injured should be taken to ER or CTMC.
- c) after duty hours, soldiers should be taken to ER.

In non-emergency situations:

Command upon deciding a MH evaluation is needed will:

- a) Consult with the mental health professional by telephone before executing the referral;
- b) 2 business/working days before the referral will provide the referred soldier a written notice which includes all the following informational elements:
 - 1) date & time the MH evaluation is scheduled: _____
 - 2) brief factual description of behaviors prompting the referral(see reverse);
 - 3) name of the MH professional telephonically consulted: _____

<u>POC for Appts:</u>	<u>Phone #</u>	<u>Clinic Location</u>
CMHS	_____	Hospital Bldg.
 - 4) phone #s of JAG attorneys and IGs whom the soldier can contact.
 - 5) soldier must be provided a copy of his/her rights under DOD Directive #6490.1 (*Below*);
- c) Referred soldier must sign this written notice below or Command must notate the soldier refused to sign and his/her stated reason.

SOLDIER'S RIGHTS under DOD Directive #6490.1

- 1) 2 business/working days' notice prior to the appointment for Command-directed MH referral.
- 2) Written notice of referral with completion of FLW106 - Commander's Request for Evaluation.
- 3) Right to request advice from attorney (JAG or civilian @ own expense) as to how to seek redress, if soldier perceives referral is not justified.
- 4) Right to submit complaint to IG, if soldier perceives referral is not justified.
- 5) Right to be evaluated by a MH professional of his/her own choosing to include a civilian (@ soldier's own expense).
- 6) No person may restrict a soldier's right to communicate with the IG, member of Congress, or any others concerning the MH referral.

I understand my rights under the DOD Directive #6490.1 (Soldier's Signature): _____

Commander's Signature: _____ Printed Name: _____